

Tenterden Mindfulness Group Policy Statement

The Tenterden Mindfulness Group (TMG) is fully committed to ensuring the health, safety and wellbeing of all who come into contact with the Charity's activities.

Health and Safety Policy

1. The TMG will observe the regulations of the Health and Safety at Work act 1974 and actively take reasonable measures to prevent injury, ill health and any other danger arising from the activities of the Charity.
2. The TMG will provide information on Health and Safety issues as is necessary for all who come into contact with the Charity's activities.
3. The TMG will ensure that each venue used has emergency procedures on public display including evacuation in case of fire and when dealing with serious incidents.
4. The TMG will ensure that each venue used has suitable liability insurance in place.
5. It is the responsibility of all who come into contact with the Charity's activities to take care of themselves and others who may be affected by their activities and to observe all safety requirements set out by the Charity when accessing their activities.
6. Should a situation or equipment be discovered which might cause harm or injury, this should be brought to the attention of the Teacher and thereafter the Board of Trustees as soon as possible so that remedial action can be taken promptly.
7. The TMG will ensure that each venue used has an up to date general risk and fire risk assessment, as well as a first aid kit accessible to both teachers and participants.
8. The TMG will regularly consult with Teachers and the Focus Group upon general health and safety matters and implement appropriate investigation where required.
9. The TMG Trustees shall appoint and maintain appropriate personnel to fulfil the following responsibilities at all times;
 - 9.1. Trustee Policy Owner – Ensures enforcement of this policy, maintains its currency with legislative requirements and undertakes at least an annual review to ensure its objectives remain relevant
 - 9.2. Health and Safety Coordinator – Requests that each venue provider completes the Tenterden Mindfulness Group Health and Safety Risk Assessment Checklist form or equivalent email checklist to determine appropriate Health and Safety measures are implemented and consults upon identified risks with the Board of Trustees